STRESS FREE PANTRY

3 must-dos for setting up a pantry that will save you time and money!

EMPTY, CHECK & CATEGORISE

Start by clearing a space and emptying out ALL the items in your pantry.
This can be an overwhelming step, but PLEASE persist (it is essential)! Give the shelves a wipe at the same time .

There is never a bad time to check the use by dates of items in your pantry.
Use by dates in Australia indicate the last day a food can be safely consumed. After the use by date, the food is no longer considered safe to eat. Best before refers to quality and food can be eaten after that date safely.
**Make a list of items to replace **

After checking dates, sort items into categories. Think pasta, sauces, cans, snacks etc. This will make the final steps much easier!

2

ADJUST & MEASURE

A quick win to improve access and visibility can be as simple as checking if the height of the shelves in your pantry can be adjusted. Slightly higher for the two middle shelves allows for taller items such as cereals and oils to be stored easily.

Is a spare shelf hiding somewhere? The addition of a shelf in this pantry instantly helped to maximise the vertical space and increased accessibility. Bunnings can cut shelves to size and these are a budget friendly addition.

Before hitting the shops measure the depth, width and height of your pantry. Keeping in mind if the shelves can be adjusted.
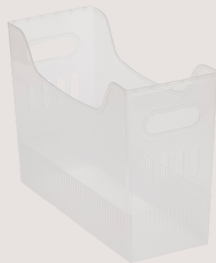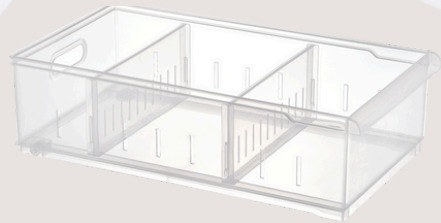
PURCHASE & PLAY TETRIS

With countless options for storage available, consider trying my favourite tried and tested items.
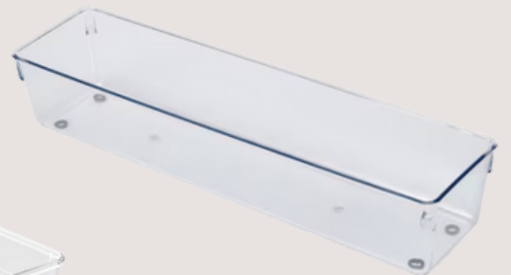
1 Roller storage

2 Cut out tubs

3 Narrow clear drawers & turntables

The final step is then placing your items into containers and playing tetris until you are happy with the configuration!